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April 24, 2014

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## SPORTS



See Page 3B

East Jordan's Miranda Burks (9) and Boyne City's Ashlyn Kartes (15) battle for possession during the Ramblers 1-0 overtime victory. (PHOTO BY DANIELLE POINDEXTER)



See Page 1B

Red Devil sophomore Taylor Kroush takes her lead off of first base following a Newberry pitch. (PHOTO BY CHRIS FIEL)

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# MISS EAST JORDAN PAGEANT CROWNS QUEEN



More Photos Inside....Page 3A

PHOTOS COURTESY OF DANIELLE POINDEXTER

L-R: Madalaine Clark, 1st Runner Up; Paige Poindexter, Miss EJ 2014; Colette Tuck, 2nd Runner Up

## City of East Jordan talks water/sewer rates and rent for Jordan Valley EMS authority

By Krystal Johnson

**EAST JORDAN**—East Jordan City Commission met last week, Tuesday, April 15, to discuss funds and a possible lease agreement for the Jordan Valley Emergency Medical Service Authority, as well as water and sewer rates for the proposed 2014/15 fiscal year budget.

Commissioners heard from East Jordan EMS Director Jay Peck and sought legal counsel from City Attorney Scott Beatty at the meeting in regards to the creation of an "Emergency Services Building Fund" that the commission had originally hoped to hold jointly between the City of East Jordan and the EMS authority.

While assets of the ambulance authority, such as the ambulance fleet, will be transferred to the authority upon the passing of a millage planned for this November's ballot, the EMS building will remain under city ownership. The authority plans to continue using the building, which was donated by the Malpass Foundation in 2010, after they become an authority.

This raises the question, who is financially responsible for the building, thinking both presently and long-term.

The authority requested that the city wave the cost of rent for the building, and on the flipside, the authority would incur all maintenance and repair costs associated with the EMS building.

Commissioners expressed concern over forgoing rent, as depreciation of the building is not taken into account. The cost of rent could pay for the depreciation of the building, which is valued at approximately \$16k per year or about \$1333 per month (for the half of the building that the EMS uses).

"I want to reiterate to [the city] that this is not an endeavor where anyone is seeking to make millions of dollars," EMS Director Jay Peck reminded the commissioners. "When you're talking about rent, where is it going? What kind of fund?"

Commissioners came to a consensus that rent would go into a fund held by the city labeled "Emergency Services Building

Fund." This fund could then be used years down the road when the building needs to be replaced.

The commission also came to an agreement concerning a three-year lease for the authority. For the first two years, the city plans to charge the authority \$1 per year for rent, and in the third year, \$1300 per month. The city and authority will also split costs for maintenance and damages within common areas shared by fire department and the authority 50/50, as well as all major repairs (i.e. the roof). The city will continue to pay for damages and maintenance for all areas associated with the fire department, and the authority will be fully responsible for maintenance costs for the EMS areas of the building (i.e. ambulance garage).

The city commission also reviewed water and sewer rates for the proposed 2014/15 fiscal year budget.

"I'm in favor of keeping water

See East Jordan Commission -5A

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## Boyne Falls Superintendent to leave for Kalkaska post

By DENNIS MANSFIELD  
Buckland News Service

**BOYNE FALLS** - The Boyne Falls Public School Board of Education will now have the task of finding a new top administrator, after Supt. Karen Sherwood recently agreed to a contract with Kalkaska Public Schools.

The KPS school board unanimously voted to approve a three-year contract with Sherwood to become the district's new superintendent at a meeting in Rapid City on Monday, April 14. That was less than a week after a three-member committee held a special meeting to negotiate with Sherwood at the KPS Central Office on Wednesday, April 9.

Sherwood recently emerged as the board's top choice to replace interim Supt. Lee Sandy, the school district's top administrator for the past eight years, after a search process that began late in 2013. Sandy announced his plans to retire last fall and is officially set to end his tenure at KPS on July 1.

It took little over an hour for Sherwood and committee members to reach an agreement on the details of a proposed contract, including compensation and benefits.

"We have a tentative agreement," said Bill Artress, KPS board member. "I think we do."

Sherwood happily agreed. "Yes, I'm excited," she said.

John Rogers, school board president and another member of the Superintendent Committee, said a final version of the contract was slated to be an agenda item for the board's regular meeting Monday, April 14, at the Rapid City Elementary School.

"Maybe we can approve this Monday, if we can get it to the other board members by that time," Rogers said. "It's an active item on our agenda, if we can get to it."

Both sides hoped to get full board approval as soon as possible. Sherwood said she'd like to give her current employer, Boyne Falls Public Schools, notice so the school district can start its search for her successor.

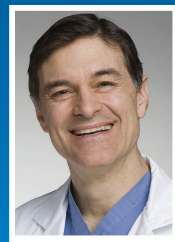
"They're getting kind of ants, too," she said.

According to negotiations last Wednesday, Sherwood would earn an annual salary of \$115,000 for the 2014-15 school year. That would increase by \$2,000 per year over the next two years of the three-year deal.

See Superintendent -6A

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## weather

### THURSDAY



HIGH: Low 50's  
LOW: Low 40's

### FRIDAY



HIGH: Upper 40's  
LOW: Low 30's

### SATURDAY



HIGH: Low 40's  
LOW: Mid 20's

### SUNDAY



HIGH: Low 40's  
LOW: Upper 20's

## record temps

Day	Avg. High	Avg. Low	Record High	Record Low
24	61°F	34°F	84°F (1990)	18°F (1956)
25	61°F	35°F	85°F (1990)	15°F (1967)
26	62°F	35°F	88°F (1986)	20°F (1958)
27	62°F	35°F	86°F (1990)	20°F (1967)
28	63°F	35°F	88°F (1986)	20°F (1982)
29	63°F	36°F	88°F (1970)	19°F (1977)
30	64°F	36°F	87°F (1970)	19°F (1956)

## snowfall

2012-13	Amt.	2013-14	Amt
4/22/2013	55.8	4/21/2014	62.9
4/22/2013	90.4	4/21/2014	123.4
4/22/2013	127.2	4/21/2014	152.1
4/22/2013	152.2	4/21/2014	178.8
4/22/2013	51.6	4/21/2014	70.8
4/22/2013	76.6	4/21/2014	126.5
4/22/2013	135.8	4/21/2014	186.1

## OBITUARIES

### Lawrence Joseph Martin, 92

Lawrence Joseph Martin of Boyne City passed away April 20, 2104, Easter Sunday at Bortz Health Care of Petoskey. Arrangements for Lawrence are pending and will be announced by Stackus Funeral Home of Boyne City.

### Betty Lou Kewagshken, 76

Betty Lou Kewagshken of Charlevoix died April 20, 2014, at Bortz Health Care of Petoskey. Arrangements are pending at Winchester Funeral Home in Charlevoix.

### JoAnn Irene Bennett, 74

(NOV. 19, 1939 - APRIL 19, 2014)  
JoAnn Irene Bennett of Boyne City passed away on Saturday, April 19, 2014 at Grandvue Medical Care Facility.  
JoAnn was born on November 19, 1939 in Boyne Falls, MI the daughter of Joseph and Phyllis (Goff) Tison. She grew up in the area and married Earl R. Bennett on September 28, 1956. She worked many years as a Registered Nurse at Charlevoix Area Hospital and Little Traverse Hospital in the Intensive Care and Emergency Room Units. JoAnn served many years as a volunteer for the Boyne City Ambulance and was a member of the Boyne Country Antique Auto Club.  
JoAnn is survived by her husband Earl of fifty-seven years; children Linda (Kenneth) Weller, Susan (James) Rostar and son Earl "Rusty" (Sue) Bennett, Jr.; grandchildren Jason (Sarah) Rostar, Alexander (Danielle) Weller, Aaron

Rostar and Ian Weller; five great grandchildren; mother Phyllis; sisters Priscilla Townsend, Janet (Jim) Shepherd and brother Robert (Gladys) Tison.  
She is preceded in death by her father Joseph; sister Sally Flowers and infant son Jon R. Bennett.  
A memorial service will be held 2:00 pm Friday, April 25, 2014 at Stackus Funeral Home in Boyne City with Chaplin Gary Crumbacher officiating followed by a light reception at the Boyne City Senior Center. Family request memorial donations are directed to Grandvue Medical Care Facility or the family C/O Earl Bennett.

### Rosemary Corradi, 88

Rosemary Corradi formerly of Charlevoix died Thursday, April 17, 2014, at Grandvue Medical Care Facility in East Jordan. No services are scheduled at this time. Arrangements are being handled by the Penzien Funeral Homes, Inc. in East Jordan.

### Ray F. Nemecek, 62

(FEB. 28, 1952 - APRIL 16, 2014)  
Ray F. Nemecek of East Jordan died Wednesday, April 16, 2014, at McLaren Northern Michigan Hospital in Petoskey.  
He was born on February 28, 1952, in Charlevoix, Michigan, the son of Edward and Rose (Burbank) Nemecek. He grew up in East Jordan and graduated from East Jordan High School in 1970. On January 15, 1972, at St. John Nepomucene Catholic Church in Jordan Township, Antrim County, he married Donna L. Murphy.  
Ray had worked for the City of East Jordan for many years. He re-

tired young, at the age of 42, for health reasons.  
He is survived by his wife, Donna L. Nemecek of East Jordan; two daughters, Andrea (Dino) Goss and Bobbie (Silas) Kibbe, both of East Jordan; one son, Adam Nemecek of Grawn; seven grandchildren, Sabrina, Savannah, Kiera, Hunter, Kaleb, Zachariah and Lucinda; four sisters, Ruth (John) Vallance of East Jordan, Kate (Jerry ) Bingham of East Jordan, Josephine Morris of East Jordan and Esther Paliwoda of Phoenix, Arizona; one brother, Jerry (Elsie) Nemecek of East Jordan; and numerous nieces and nephews. He was preceded in death by his parents.  
Funeral services were held on Tuesday, April 22, 2014 at St. Joseph Catholic Church in East Jordan. Interment followed at St. John Nepomucene Praga Cemetery in Jordan Township, Antrim County.  
Memorials may be given to the Michigan Heart Association.

### Catherine L. Vining, 81

(AUG. 24, 1932 - APRIL 20, 2014)  
Catherine L. Vining of Charlevoix passed away peacefully at the Grandvue Medical Care Facility on Easter Sunday, April 20, 2014.  
Catherine was born in Glendale, Calif., on Aug. 24, 1932, the youngest of five children of Roy and Catherine Southwick.  
Catherine moved to Charlevoix in 1964, where she raised her children, Mark Merritt and Paula Merritt Barron, and thereafter devoted her time and energy to her beloved daughter, Paula, and her beloved granddaughters, who were also

raised in Charlevoix, Ashley Fallah (Meritt Ager) (28) and Danielle Merritt Barron (21).  
Catherine is survived by two sisters, Grace Ray of Biloxi, Miss., and Florence Derringer of San Luis Obispo, Calif.; her son and daughter-in-law, Mark Merritt and Monica Merritt, of North Richland Hills, Texas; her son-in-law and daughter, Dan Barron and Paula Barron (Merritt), of Charlevoix; her grandson-in-law and granddaughter, Payam Fallah and Ashley Fallah (Merritt Ager) of Hoboken, N.J.; her granddaughter, Danielle Merritt Barron, of Murray, Ky; and dear family friend, Jill Mottarelli, of Charlevoix.  
According to Catherine's wishes, cremation services have already been accorded. Condolences to the family may be mailed in care of Paula M. Barron, P.O. Box 309, Charlevoix, MI 49720.  
Arrangements were handled by Winchester Funeral Home in Charlevoix.

### James Edward Seeley, 81

(MAY 29, 1932 - APRIL 13, 2014)  
James Edward Seeley, husband of Della, father of Deborah J. Beaver, David Edward Seeley and William Dean Seeley and grandfather to nine, died peacefully at his home on banks of Walloon Lake. He passed from this life on Sunday, April 13, 2014 at the age of 81.  
Jim was born May 29, 1932 in Scranton, Pennsylvania to Sterling Briggs and Elizabeth (Dunham) Seeley. He grew up in Scranton and following High School attended the University Of Pennsylvania Wharton School Of Business where he earned his Bachelor's Degree.

While a student at U of P Jim was a member of the U of P Quakers football team, playing defensive guard and was also a member of Phi Delta Theta.  
Jim enlisted in the United States Army following college and served from 1954-1956; at the time of his honorable discharge he held the rank of Lieutenant.  
On October 12, 1956 Jim married the love of his life, Della J. Barwell, the two eventually made a home in Birmingham where Jim was instrumental in establishing Twin Corporation of Holly; the small manufacturing firm that made parts for the automotive industry began with only three employees. Twin Corp eventually grew into a company that employed more than 70 people; he was widely known and respected for his professional expertise as well as his impeccable ethics. Upon his retirement Jim sold the company to his employees.  
Over the years since his retirement Jim and his wife Della have lived in several communities but have always held a special place in their heart for Walloon Lake, it has always been home. Jim enjoyed fishing, restoring antique boats and antique automobiles. He will always be remembered for his kind heart and incredibly generous nature.  
Jim's life will be remembered, honored and celebrated with a memorial gathering that will take place at Stafford's Bay View Inn on Friday, April 25, 2014 beginning at 1:00 p.m.; a brief service will be held at 2:00 p.m. and will be led by Pastor David Behling. His family asks that those wishing to honor his memory consider donation to the American Heart Association.

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# PAIGE POINDEXTER NAMED MISS EAST JORDAN 2014

PHOTOS COURTESY OF DANIELLE POINDEXTER



Tess McNitt being asked the spontaneous question by Miss EJ 2004 and mistress of ceremonies, Whitney Hershberger



Paige Poindexter, being crowned Miss East Jordan 2014 by Rachel Bernier, Miss EJ 2013



Madalaine Clark, 1st Runner Up



Paige Poindexter, pictured here doing her Stand Up Comedy, "What's in a Name? Poindexter". Paige won the Speech segment, and was named Miss East Jordan 2014



Paige Poindexter and sisters taking a "selfie" after the crowning



Colette Tuck, 2nd Runner Up



Contestants L-R: Madalaine Clark, Paige Poindexter, Paige Podskalny, Colette Tuck, Kathleen Gardner, Tess McNitt, Ellen Brandell, Kayly Zimmer



Colette Tuck, pictured here doing her talent, Irish Step Dancing. Colette won the "People's Choice Award," the talent portion, and was 2nd Runner Up.



Contestant Ellen Brandell during the Evening Gown Presentation



Kathleen Gardner, winner of Casual Dress Modeling and Spontaneous Public Speaking



#816 Madalaine Clark - Miss Congeniality and 1st Runner Up



Kayly Zimmer's talent was "aerial yoga"



# Charlevoix County Commission on Aging

"The mission of the Charlevoix County Commission on Aging is to provide the highest quality senior services in partnership with the community. We focus our efforts on advocacy and support for seniors and their caregivers by promoting health, wellness, and education to achieve a dignified and enriched quality of life."

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**Charlevoix Senior Center:**

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## Nutrition & Health

### Test Yourself!

Learn more about healthy eating by answering these 5 questions.

**1. True or False: As you become older and less active, you need fewer nutrients.**

False: As you grow older, you may need fewer calories, particularly if you are less active than when you were younger, but you still need nutrients for good health. And you may need more of certain nutrients.

**2. True or False: Getting enough fluid can be a problem as you grow older because you may not be able to tell as easily when you're thirsty.**

True: Some of your sense of thirst may be lost with age. If you're drinking enough fluids, your urine will be pale yellow. If it's bright or dark yellow, that means you need to drink more liquids.

**3. True or False: Only women need calcium and vitamin D to protect bone strength.**

False: Older men can also have problems with bone strength. Exercise, calcium, and vitamin D can protect bone strength.

**4. True or False: Your sense of taste and smell can change with age.**

True: Foods often taste different as we age because aging can affect the sense of taste and smell. Medicines can also change the way foods taste. This can both change your appetite and make it more difficult to tell when food is spoiled. Be extra careful about how your food is prepared and stored to protect your health.

**5. True or False: You should let hot foods cool before putting them in the refrigerator.**

False: Putting hot foods into your refrigerator as soon as possible keeps bacteria from growing in food.

**Healthy eating over 50:**

**Changing dietary needs**

Every season of life brings changes and adjustments to your body. Understanding what is happening will help you take control of your nutrition requirements.

**Physical changes**  
 **Metabolism.** Every year over the age of forty, our metabolism slows. This means that even if you continue to eat the same amount as when you were younger, you're likely to gain weight because you're burning fewer calories. In addition, you may be less physically active. Consult your doctor to decide if you should cut back on calories.  
 **Weakened senses.** Your taste and smell senses diminish with age. Older adults tend to lose sensitivity to salty and bitter tastes first, so you may be inclined to salt your food more heavily than before—even though older adults need less salt than younger people. Use herbs, spices, and healthy

oils—like olive oil—to season food instead of salt. Similarly, older adults tend to retain the ability to distinguish sweet tastes the longest, leading some to overindulge in sugary foods and snacks. Instead of adding sugar, try increasing sweetness to meals by using naturally sweet food such as fruit, peppers, or yams.

**Medications and illness.** Some prescription medications and health problems can often negatively influence appetite and may also affect taste, again leading older adults to add too much salt or sugar to their food. Ask your doctor about over-coming side effects of medications or specific physical conditions.

**Digestion.** Due to a slowing digestive system, you generate less saliva and stomach acid as you get older, making it more difficult for your body to process certain vitamins and minerals, such as B12, B6 and folic acid, which are necessary to maintain mental alertness, a keen memory and good circulation. Up your fiber intake and talk to your doctor about possible supplements.

**BOYNE AREA SENIOR CENTER ACTIVITIES**

<b>Thursday, April 24</b> Wii Bowling	<b>Friday, April 25</b> Birthday Day! 11am Roger Hartson Raffle	<b>Monday, April 28</b> Line Dance Brown-Bag Bingo	<b>Tuesday, April 29</b> Brown-Bag Bingo	<b>Wednesday, April 30</b> Volunteer Appreciation Dinner 5-7 pm (by invitation)!
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**CHARLEVOIX SENIOR CENTER ACTIVITIES**

<b>Thursday, April 24</b> 11am Chair Yoga Class 1pm Pinochle	<b>Friday, April 25</b> 9:30am Craft Class 1pm Rummy	<b>Monday, April 28</b> 1pm Wii Bowling 1pm Woodcarving 7pm Bible Study	<b>Tuesday, April 29</b> 1pm Paint Class 1pm Rummy	<b>Wednesday, April 30</b> 12:45pm Bingo
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**EAST JORDAN SENIOR CENTER ACTIVITIES**

<b>Thursday, April 24</b> Karaoke Day! 12:30pm Movie Day	<b>Friday, April 25</b> 10:30am Exercise 11am John Slough Bingo/Raffle	<b>Monday, April 28</b> 8am-1pm Walking M-F 10:30am Exercise	<b>Tuesday, April 29</b> 11am Line Dancing 12:30pm Bingo	<b>Wednesday, April 30</b> 10:30am Exercise 11am Wii FUN!
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**CHARLEVOIX COUNTY SENIOR CENTER MENU**

<b>Thursday, April 24</b> CHICKEN	<b>Friday, April 25</b> CUBED BEEF & GRAVY	<b>Monday, April 28</b> COD ALMONDINE	<b>Tuesday, April 29</b> BEEF CHILI	<b>Wednesday, April 30</b> COOK'S CHOICE
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East Jordan

# News

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

## Calo Running for 105th House Seat

Jay Calo of Gaylord announced that he will run as the Democratic candidate for the 105th District in the Michigan House of Representatives. Calo is running to fill the seat being vacated by Greg MacMaster, who has become a candidate for the Michigan State Senate.

Calo, who grew up in the Upper Peninsula city of Kingsford, and has been a northern Michigan resident for most of his life. He graduated from Michigan State University with a degree in Political Science; worked as a public school educator in Greenville, Michigan; and, worked on the legislative staff of Representative David Anthony (108th District) in Lansing. These experiences have prepared Calo to effectively represent the interests of the people of the 105th House District. Calo currently works as a pharmaceutical representative for Pfizer.

Jay said, "As your state representative, I will work to restore losses suffered by senior citizens and families under this legislature during the past four years."

He refers to the new taxes on senior citizen pensions, lost income tax credits for low income families, lost property tax credits, nearly \$2 billion lost from the classrooms in Michigan's public schools, increased tuition costs for college students and the assault on workers' rights, all on the backs of middle income Michiganders.

"One result of all these legislative changes is that Michigan continues to have one of the highest unemployment rates in America. Adding insult to injury, Michigan is also ranked by many as having the worst roads in the country", Calo said.

Calo stresses his priority of making Michigan a desirable place to stay and work. "I had to make a difficult choice in the past to leave Michigan for employment. Since returning to my home state, I seek to create an environment in which my daughters will not have to make a similar decision in the future."

Calo stated, "My priorities will be restoring funds to Michigan's classrooms, easing the financial

burdens of senior citizens, and assuring good employment opportunities for northern Michigan residents. Michigan needs elected officials in Lansing who will stand up for the rights and well-being of our local people. We need representatives who have been in the classroom, have worked in Lansing,

have worked in the private sector, who understand that, without good opportunities for our families, we all suffer. Michigan can no longer afford to be represented by Tea Party extremists. We need representatives who understand how government works and how it can best work for the people. I am that person."

Jay Calo and his wife Elizabeth, are proud parents of two daughters currently being educated in public schools. Elizabeth, a former public school teacher is now a dedicated mother and proud homemaker to their children. The Calo family resides in Gaylord.

More information about Jay and his candidacy can be found at .

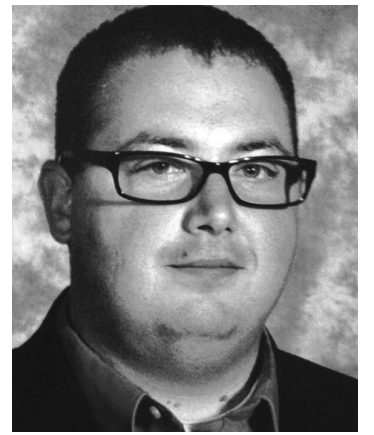
## Cutler formally files for House seat

East Jordan Deputy Mayor, Tony Cutler, a lifelong resident of Northern Michigan, has formally submitted his election filings to appear on the August ballot as a Republican candidate for Michigan's 105th House District.

Touting the need for experienced local leadership, Cutler has promised a first term focused on job creation and reprioritizing education funding. Cutler is a City Commissioner for East Jordan City.

"Part of my campaign is to put local leaders in Lansing," states Cutler, a teacher at Boyne City High School.

In seeking the Republican nomination from the residents of Charlevoix, Antrim, Otsego, Montmorency and Oscoda Counties; Cutler touts that local leaders are the ones who truly understand the real-world problems facing our communities. "It's time for a smaller government with less centralized power in Lansing and more local control across the board," affirms Cutler.



Cutler holds a degree in finance and economics from Lake Superior State University.

Voters can learn more about Cutler via the campaign's online at [www.cutlerforhouse.com](http://www.cutlerforhouse.com) or follow him on Facebook; [www.facebook.com/TonyforHouse](https://www.facebook.com/TonyforHouse)

## Rainbow Magic Fairy Tea Party

Sunday, April 27, from 1:00 - 3:00 pm, fairies will be the topic of delight at the Charlevoix Public Library's Tea Party. Co-sponsored with the Charlevoix Area Zonta, this tea party is sure to be a hit. All elementary-aged young girls along with their "special person" are invited to participate. All participants are sure to experience the magic of an afternoon filled with entertainment, crafts, snacks, and of course, tea. All participants are encouraged to dress up and put on their favorite fairy décor. Activities will include flower bracelets and fairy doors and attendees will experience a fairy ballet with Julia and a magic show by Lizzy and Emma. The tea party is free and open to all, but pre-registration is required: [www.charlevoixlibrary.org/calendar](http://www.charlevoixlibrary.org/calendar) or call 231-237-7350.



## East Jordan Commission

continued from 1A

and sewer rates the same," said Commissioner Tony Cutler. "I think we have enough money to avoid an increase...because I fear that a water increase could lead to fewer users."

Commissioner John Doebel argued that based on his calculations, the city should raise debt retirement for water from \$1.75 to \$1.85 and sewer debt from \$0.75 to \$0.77.

Commissioners agreed and approved the modest increase.

Commissioner Mike Burr suggested the city raise the minimum flat rate from \$30 to \$31.25 per quarter and that the city set aside the extra \$1.25 per user in a fund that might act a bit like insurance. The fund could be used to help cover city losses when users' bills are adjusted due to a

break or leak. The fund might also be used to cover costs for the DPW to move meter pits to areas where the risk of freezing during the winter is less likely.

Mayor Peck stated concern that such a fund should get used for the good of everyone.

Commissioners consented to wait until the May 6 meeting before making any decisions considering the possible flat rate increase.

The city plans to issue a \$20 credit for water usage and a \$20 credit for sewer usage to users who participated in the city issued "run water" from February 2 until April 10.

City Administrator Chris Yonker said that the city would either be issuing a credit to all water users, or the city may choose to have users request a credit at City Hall.

The next regular meeting of the East Jordan City Commission is scheduled for 7 p.m., Tuesday, May 6, 2014.

## Limited service for Charlevoix County Transit next weekend

Due to moving the business and dispatch office to a temporary location, Charlevoix County Transit will be without regular phone, computer and radio service on Friday, May 2 and will have limited service Saturday, May 3. Because there

will be little or no phone service available these days, the County Transit is requesting that passengers pre-schedule any rides needed for Friday, May 2nd, Saturday, May 3rd and Monday, May 5th no later than 12 noon on Thursday, May 1st. For ride can-

cellations while our regular phone service is down, please call 231-373-2363. Service is expected to be back up and running at full strength on Monday, May 5th.

## BOYNE CITY POLICE DEPT.

### Monday, April 7, 2014

10:35 am Report of possible intoxicated driver on N Lake St  
4:53am ...Arrested subject for OWI  
8:03am Health and Safety check in Sunset Park

### Tuesday, April 8, 2014

7:15am Suspicious item found in road on Main St near McLean  
11:46am Assist EMS in the Industrial Park  
12:07am Report of harassment complaint  
12:22am Found cell phone turned into PD  
12:50am Vehicle unlock in the 400 block of N Lake St  
2:09am Vehicle unlock in the 400 block of N Lake St  
2:58am Assist citizen in the 300 block of N Lake St  
6:26am Gasoline drive off from the 1300 block of Boyne Av  
8:04am Vehicle unlock in the Industrial Park

### Wednesday, April 9, 2014

6:47am Citation issued for speed at Pleasant and Ann Streets  
7:28am Report of lost wallet in the Industrial Park  
8:10am Suspicious male in the area of Park and Pine  
10:15am Report of lost Cell phone.

Was the one found yesterday. Returned to owner.

11:28am Parking complaint in the 100 block of E Water St. Citation issued.

2:05am Disturbance reported in the 400 block of N Lake St  
7:25am Motorist assist at Lake and Front St  
10:13am Citation issued for excessive noise at Lake and State St

### Thursday, April 10, 2014

1:11am Assist Sheriff Dept on Pinehurst Shores

### Friday, April 11, 2014

1:10am Suspicious vehicle in the 1300 block of Boyne Av  
4:16am Dog running at large in the 400 block of Hannah St.  
6:40am Car deer accident on M-75 N at the city limits  
8:10am Found glasses turned into PD

11:15am Citation issued for speed at Lake and Lower Lake St

1:10am Civil standby requested in the 200 block of W Cedar St  
1:25am Littering complaint in the 1000 block of Haven Ct

1:30am Citation issued for speed at Front and Second St  
2:10am Citation issued for speed at Pleasant and Timber  
2:30am Citation issued for speed at Lake and Lower Lake  
3:35am Citation issued for speed at Lake and Lincoln  
5:31am Report of fraud from the 300 block of Boice St

7:07am Subject with civil issue at the PD

7:43am Assist Sheriff Dept on Wildwood Heights

### Saturday, April 12, 2014

9:47am Assist Ems in the 400 block of N Lake St  
10:11am 911 check in the 800 block of S Park St

11:24am Vehicle unlock in the 400 block of Boice St

12:50am Vehicle unlock in the 300 block of E Division St

5:17am Report of driving complaint in the 200 block of S Lake St

5:38am Welfare check in the area of Second and Ann St

6:20am Citation issued for improper lane use at N Park and Wildwood

11:24am Report of kids throwing snowballs at cars on N Lake St near the trailer park

### Sunday, April 13, 2014

12:30am Assist Sheriff Dept on Ferry Rd

1:28am Report of harassing text messages

6:29am Alarm in the 400 block of S Park St

7:15am Report of injured deer near Silver and Lynn Streets

7:36am Suspicious subject in the area of Wilson and Ann Streets

8:46am Car deer accident at Collings and Jefferson

11:10am Citation issued for driving without lights and failing to stop on signal.

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# News

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## Charlevoix City Retirees to have continued life insurance

By Norma Jean Babcock

CHARLEVOIX: On Monday night City Council chose to suspend city employee's ability to draw from the city life insurance plan after retirement; a decision that affects not only future retirees, but 7 currently retired employees.

At a meeting near the beginning of April City Treasurer Joe Zielinski came before council to share ways that the city could lower the cost of health care for city employees and the city itself. Of the four solutions presented, each featured a restriction for future employees when it came to utilizing city life insurance after retirement. Council members agreed that this was a good choice and therefore changed the wording in the employee handbook to reflect the decision at the meeting held April 21. This

change will take effect May 1st, 2014.

However for currently retired employees, a decision was not easily agreed upon.

Currently 7 past employees are on the city life insurance plan. According to Zielinski, having these 7 is driving up the cost for the city by an estimated \$2,300 annually. Because the 7 are on the plan only one company has decided to underwrite a plan for the city, which lowers the ability to get a competitive rate and causes higher payments for the city.

"...someone is subsidizing it, right now it's the taxpayers," stated Zielinski.

Zielinski thus proposed eliminating the 3 retired employees already over 75 and terminating life insurance for those currently under that age until they reach it. According to his estimates,



Leonard Dubey, retired city employee, spoke to the city council about life insurance benefits for retired city workers.

this would save the city roughly \$30,000 over the next 14 years. Despite the savings, council was uncomfortable with the idea of eliminating retirees from the plan altogether.

"...I'm just not comfortable

that at the age they are...they're not going to be able to find anything. To me it's leaving them completely out in the cold," said Councilman Lyle Gennet.

His feelings were supported by other members of council who felt that leaving retirees, especially those already over 75, to find their own insurance would be tantamount to leaving them without insurance at all due to the excessive costs that attaining their own plan would bring.

Council attempted several different strategies, including having those retirees pay the amount the city currently pays to keep them on the plan in addition to their premiums, to try and keep all 7 on the life insurance plan. Despite this, an easy solution was not forthcoming until City Manager Rob Straebel proposed keeping the 7 all on the city plan and having the administrative

staff look into ways to recoup the losses generated by their doing so.

Council agreed to this solution readily, and those retirees in attendance at the meeting expressed that although they felt it was a raw deal to try and eliminate them in the first place, they would be agreeable to the decision.

In another agenda item council approved a new off shoulder season festival called the "Charlevoix Craft Beer Festival" to be held June 6th and 7th in downtown Charlevoix. The festival is being co-hosted by the Bridge Street Taproom and the Charlevoix Downtown Development Authority. The festival will feature multiple Michigan breweries who will offer tastings of their brews to event goers for a small onetime fee.

## Folk artists, Family Reunion at Library

Family Reunion will be performing in the Charlevoix Public Library's last WinterFolk concert of the season, 6:30p.m., April 28. Family Reunion is made up of Elizabeth and Mary Anne Rivers, Patrick Niemisto, and Norm Wheeler who accompanies on guitar, mandolin, and bass. Mary Anne Rivers - singer, songwriter and storyteller - has been performing for more than 40 years to audiences of all ages and backgrounds. Her humor and strong vocals are complimented by guitar, autoharp and lap dulcimer. Elizabeth Rivers began singing with her mother when she was 7 years old. She concentrates her energy on standard jazz tunes, which she has sung all over Michigan, as well as in England and Scotland. Patrick, and Mary Anne write and perform their own work, and Norm knows and recites hundreds of poems - not in one sitting, of course. An evening's



program is filled with music, poetry, and fun, as these 4 old friends accompany each other. Audience involvement is encouraged during the show.

The WinterFolk Concert Series celebrates local folk artists with an evening of music. The featured performer kicks off the evening with a 45 minute con-

cert, which is followed by an open mic session; an opportunity for the public to share talents. Open mic sign-up begins at 6:00 p.m. the night of the concert, and is limited to five performers. For more information about the Folk Concert Series, talk to Dwain at the library, 231-547-2651.

## Local Lions and Lioness Clubs help bring Hearing & Vision Program into 21st century

Local Lions and Lioness Clubs are keeping a promise that was made by their predecessors to Helen Keller herself, nearly 90 years ago.

It was 1925 when Keller challenged the members of Lions Clubs to become Knights of the Blind. Since that time, Lions Clubs International has answered her challenge through ongoing support of vision and hearing-related programs. Today, thanks to a \$500 donation from the East Jordan Lions and \$250 from both the Elk Rapids Lions and the Ellsworth Lioness, that support now extends to the Health Department of Northwest Michigan's Hearing and Vision Screening Program for school-age children. Funds will be used to help the Health Department's hearing and vision screening technicians adopt a more efficient, effective and paperless system of capturing data while visiting schools across Northwest Michigan.

According to Suzette Daly, Family Health Supervisor for the Health Department, funding from the Michigan Department of Community Health does not cover the additional equipment.

"We provide hearing and vision screening for children throughout Antrim, Charlevoix, Emmet and Otsego Counties," Daly explained.

"We're on the road, providing mobile screenings and communicating with parents. The generosity of the Lions and Lioness who chose to support us will enable us to use laptop computers, and to print referrals for parents immediately. We're extremely grateful for their support of this valuable screening program."

The Ellsworth Lioness Club chose to honor the memory of Theola Elzenga with its gift. "Theola was a member of the Ellsworth Lioness Club for more years than anyone can count," recalled Club member Donna Heeres. "She was committed to her community and the children in it." Heeres said Elzenga had been a 1st grade teacher at Ellsworth Schools, and her students were always near and dear to her heart. "The Lioness thought the Hearing and Vision Program would be a great way to honor her memory, and to continue her care of her kids."

Last year alone, the Health Department's Hearing and Vision Screening Program screened 1,574 preschool-age children, and 10,584 school-age children, at schools in Northwest Michigan. Screening technicians identified hearing and vision problems in 641 of those children, who were then referred to specialists for follow-up.

## Superintendent

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But, Rogers supported a proposal to give a \$10,000 bonus, if Sherwood was offered a contract extension.

"It's a one-time resigning bonus," he said. "The ink has to be on the paper for her to receive it."

"If she does a good job, we want to give her a bonus."

"She's really an at-will employee," added KPS board member Dr. Richard Hodgman, also a member of the subcommittee. "The idea is for her to work hard and then being rewarded for it."

Rogers said the overall goal of the board was to keep direct financial compensation to around \$120,000 a year. Even with the proposed bonus, Sherwood's salary would total \$361,000 over the span of the agreement.

If signed, Sherwood would also receive various health insurance benefits, life insurance and a \$300 per month vehicle allowance. She would also receive 25 days paid vacation per year, with the ability to carry over five days into the next year, two personal days a year and accrue up to 60 days sick leave. She

would be receive 50 percent compensation for any unused sick leave, if she were to retire or leave the KPS for reasons other than termination.

The contract will also allow Sherwood to be reimbursed for up to 10 credit hours a year in graduate level courses, provided she obtains a "B" or better.

The only snag in negotiations was whether KPS would provide a contribution to a retirement annuity of Sherwood's choice. Sherwood said, as superintendent for BFPS, her salary was \$97,000 per year. But, she also received a board contribution of 10 percent in the form of a payment into an annuity, making total compensation around \$107,000 annually.

"I'd like to get something," she told committee members.

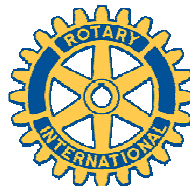
Rogers said board members came up with the proposed salary figures, believing that was enough to allow Sherwood to make her own retirement contributions.

"That's where my dilemma lies," he said.

Discussions led to a compromise of a 2-percent contribution per year of the contract, which effectively begins July 1, once approved by the full board.

## 94<sup>th</sup> Annual East Jordan Father & Son Banquet

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# News

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## Crooked Tree Arts Center's youth arts opening and awards

On Saturday April 19 the Crooked Tree Arts Center hosted the opening of its annual Youth Art Show and awards ceremony. The Youth Art Show showcases the artwork of students in the Charlevoix-Emmet County School District.

Juried by Anne Morningstar, the 2014 Art Show Awards were presented as follows: The Best of Show, known as the M. Louise Herlocher Award, was presented to Jonah Stoppel from Concord Academy Petoskey, First Place Award was presented to Olive Dwan who is home-schooled, Second Place Award was presented to Jordan Wilmot from Boyne City High School and the Third Place Award was presented to Zach Becenti from Harbor Springs High School.

Elementary School Honorable Mentions were awarded to: Boyne Falls 21st Century Group Project, Concord Academy Petoskey – Kindergarten Cityscape Group Project, Keely Knapp – St. Francis Xavier, Emma Daniel – St. Francis Xavier, Evelyn Schwartz – Petoskey Montessori Children's House, Alec Sherman-Brown – Concord Academy Boyne and Finn Blanck – Blackbird Elementary.

Middle School Honorable Mentions were awarded to: Eleri Giem – Boyne City Middle School, Gabby Guthrie – Petoskey Middle School, Caz Rohloff – Concord Academy Petoskey, Max Hungo – Alanson Public Schools.

High School Honorable Mentions were awarded to: Isabel Grach – Harbor Springs High

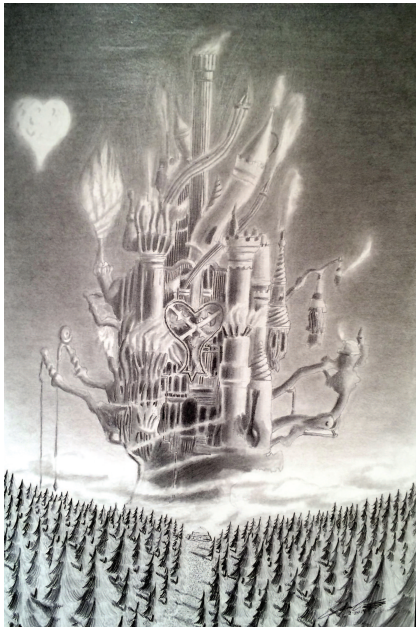


The Best of Show, known as the M. Louise Herlocher Award, was presented to Jonah Stoppel from Concord Academy Petoskey,



First Place Award was presented to Olive Dwan who is home-schooled

Third Place Award was presented to Zach Becenti from Harbor Springs



School, Lacey Kotalik – Concord Academy Boyne, Jessica Schmidt – Concord Academy Boyne, Megan Milbrandt – Pellston High School, Jeffery Van Hove – Boyne City High School.

The Youth Art Show will be on display through May 10, 2014. For more information about the Youth Arts Festival please contact the Crooked Tree Arts Center at 461 East Mitchell Street, Petoskey, MI 49770, call (231) 347-4337 or go online to . This program was sponsored in part by Jim and Patti Aikin, Edward Jones of Harbor Springs and Petoskey the Michigan Council for Arts and Cultural Affairs and Northern Copy Express.

Second Place Award was presented to Jordan Wilmot from Boyne City High School



## A Day for Music at Charlevoix High School

The Great Lakes Chamber Orchestra's 5th annual Day for Music on Saturday, April 26 at Charlevoix High School. The Day for Music is a one-day workshop where string students participate in rehearsals, sectionals, and a side-by-side performance with members from the Great Lakes Chamber Orchestra. String players (violin, viola, cello and string bass) of all ages and abilities from an area north of the 45th Parallel are welcome to participate in this unique event. This year our guest instructors, Dr. Carlos Andreas Botero, from Michigan State University, and Steven Leonard, Violin Instructor from Interlochen Arts Academy, will be rehearsing students throughout the day.

The Day for Music workshop begins at 10 am, for students

in Levels 1-3, and at noon for students in Beginning Level. The Day for Music concludes with a performance at 3:00 pm, which is open to the public and free of charge. The cost for students to participate in the workshop is \$12 and \$10 for additional family members. At the conclusion of the Workshop, all participants will receive one discounted adult ticket and student pass to the GLCO June 8 Concert: Opera Overtures and Choruses at 4:00 pm on at John M. Hall Auditorium, Bay View, MI 49770.

Registration materials are available through local string instructors, or through the Great Lakes Chamber Orchestra office at 231/487-0010 or online at www.glcorchestra.org

## Students of the Week Boyne City High School Travis Porter



**GRADE:** 12  
**PARENTS:** RuthAnn and Jeff Porter  
**HOBBIES & INTERESTS:** Frisbee, Cooking, Television, Driving, Riding, Swimming, Hanging out with fun and interesting people  
**SCHOOL ACTIVITIES:** Tennis, Golf, Hospitality  
**FUTURE PLANS:** "I plan on attending a culinary school with the hope of working at a fine dining restaurant on the east coast."

### STAFF COMMENTS

"Travis has proven himself in Hospitality. He has competed in two major culinary events and is developing some nice leadership qualities. Congratulations Travis." – Dennis Crissman, Hospitality Teacher

"Travis shows leadership on group assignments and has excellent public speaking skills." – John Hertel, English Teacher

"Travis is a nice, talented, intelligent young man. I have really enjoyed having him in my class. I will miss you next year, Diego! Congratulations!" – Amy Hertel, Spanish Teacher

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# News Briefs

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

## BOYNE CITY

### Tree Seedling Give-a-way

In celebration of Arbor Day, we will be giving away a variety of decorative and hardwood tree/bush seedlings at City Hall on April 24. Doors open at 8 a.m. There are limited quantities and it is a first-come basis.

## GAYLORD, PETOSKEY, CHARLEVOIX

### Free Screening Invite

The community is invited to a screening and discussion of the film, *Tough Guise 2*, hosted by the 100 Men Campaign and community Violence Prevention Team. The film examines messages boys and young men receive from every corner of the culture. It challenges viewers to rethink - and have conversations about - what it means to be a man in today's culture. *Tough Guise 2* is a 'must see' film for parents, educators, coaches, youth mentors and anyone interested in understanding violence in America (recommended for age 17+). *Tough Guise 2* will be shown at 7 pm, April 24 at the University Center Gaylord; April 29 at North Central Michigan College; and May 13 at Charlevoix Public Library. Admission is free. For details, contact the Women's Resource Center of Northern Michigan at (231)347-0067 or wrcnm.org.

## BOYNE CITY

### Autism fun walk

North Country Community Mental Health will host the 3rd Annual Fun Walk for Autism Acceptance at Veterans Memorial Park at 10 a.m. Saturday, April 26. T-Shirts are guaranteed to those who register by April 8. The walk will be approximately one-half mile in length. All individuals with Autism Spectrum Disorder, family, friends, and the community are invited to join together to walk in support of Autism awareness. The walk begins at 10 a.m. and on-site registration will be available the day of the walk beginning at 9 a.m., but t-shirts cannot be guaranteed. All participants will be entered into a drawing for a chance to win gift cards and special giveaways from community donors. Registration is \$10 per person. For more information, contact Heather Smith at (989) 732-6295, ext 3607.

## EAST JORDAN

### Pancake Supper

Saturday, April 26 from 5 - 7PM at Peninsula Grange. Pancakes & Maple Syrup, Sausage, Beverage & Dessert. Donation Adults \$6, Children 6-12 \$3, 5 & under free.

## BOYNE CITY

### Paint the Town Red

The Boyne City Booster Foundation invites you to their Paint the Town Red fundraiser at 6:30 p.m. Saturday, April 26 at Boyne Mountain. This year's event promises to be bigger and better than last year, when 400 people turned out for the gala fund-raiser. Local support of "Paint the Town Red" is vital to the success of school programs. Proceeds will provide funding for

programs and activities in the Arts, Athletics and Academics for the students of Boyne City Public Schools. The fund-raising is passed to Boyne City schools and augments many opportunities for our children. From 6:30 to 8 p.m. there will be a silent auction, appetizer stations and a cash bar. The live auction starts at 8 including a package for the Grand Hotel on Mackinac Island and a trip package to a warm destination. Soul Street, a five-piece Detroit-based Motown band will entertain starting at 9 p.m. Admission is \$50 per person with tickets available at State Farm/Mark Patrick's office, Ralph Gillett's CPA office or through any committee member. Credit cards are accepted at Gillett's office.

## EAST JORDAN

### Family Earth/ Arbor Day Celebration

Saturday, April 27, 1pm to 3pm at the Martha Wagbo Farm and Education Center in East Jordan. Free & family-friendly. For more information contact the Wagbo Farm at 231-536-0333 or info@wagbo.org. A special day for showing our Mother Earth some love! We'll be honoring the day with a tree planting, wooly crafts to make-and-take, fun games and activities and visiting the farm animals.

## EAST JORDAN

### American Girl tea

Attend the American Girl tea on Sunday, April 27 from 2-4pm at East Jordan high school cafeteria. Admission is \$5 for children, \$1 for adults (children should be accompanied by an adult). Drinks and snack. Bring a doll to the party to share with your friends. Door prizes include 2 American dolls and lots more. Hosted by East Jordan Girl Scouts. For info call Connie Roberts, 231-536-4332

## BOYNE CITY

### Water Drip Request Lifted

Boyne City water customers should stop running their water on Friday, April 18. Bills will be adjusted from the time the notice went into effect to the 18th. Customers with additional questions are urged to call 231.582.6597 or 582.0335 during office hours.

## HORTON BAY

### Lawless Years

The Charlevoix County History Preservation Society presents *Lawless Years: The Tony Cheborator and Jack Gracey Story* at 7 p.m. Monday, April 28, at Bay Township Hall, 05045 Boyne City-Charlevoix Road in Horton Bay. Historian Jack Hobey tells the story of Two Detroit/Hamtramck area gangsters who stage a sensational bank robbery attempt in Midland on Sept. 29, 1937. A bystander from Bay City dies and vigilante justice claims one of the gangsters. A hurried trial and the only governmental execution in Michigan's history claim the second. "Lawless Years" is an engaging look at this forgotten chapter of Michigan history. Jack Hobey, also author of "Lost Boys - The Beulah Home Tragedy" and "Wish you were here...The Edward Beebe Story," is a University of Michigan and Harvard Busi-

ness School graduate. In his retirement, he lives with his wife Vicki in Boyne City and continues to research and write Northern Michigan history. This program is free and open to the public. Light refreshments will be served. Call 231-582-5326 for more information.

## N. MICHIGAN

### Let your water run

Despite the warming weather the frost in the ground can still freeze your water pipes. Cities all over the area are requesting that all water customers continuously run their water until further notice. Service leads to individual customers may be more vulnerable. To help prevent freezing of underground service lines, customers should continuously run a stream of water about the width of a pencil from a single faucet. Please note, warmer weather may not immediately mean that the risk of freezing is over. Although dependent upon weather conditions, the run water order is anticipated to last a couple more weeks in some communities. Watch for notices from your city when to stop running your water. Stop notices have been issued by Boyne City and East Jordan.

## PETOSKEY

### Free workshop with free child care and a free meal

This workshop is for parents and professionals who either have a child with special education needs or work with children who have special education needs. Michigan Alliance for Families is a non-profit organization who will be presenting the workshop called Understanding the Content of the I.E.P. It will be held on Thursday May 1 at Taylor School in Petoskey from 5pm-7pm. The Charlevoix Emmet ISD will be providing free childcare along with the free meal.

## EAST JORDAN

### Salad Luncheon

Thursday, May 1 at the East Jordan United Methodist Church, corner of 4th and Esoterly, 11am-1pm. Featuring dozens of delicious salads. \$7 adults, \$3 school age children, 5 and under free. Take-outs available

## BOYNE CITY

### Beauty & the Beast

The Boyne City Middle School Drama Program presents Disney's "Beauty and the Beast" at 7 p.m. Thursday, May 1 and Friday, May 2, plus a 2 p.m. show on Saturday, May 3. Tickets are \$5 for adults and \$3 for students, available at the door. The show will be presented in the Performing Arts Center.

## CHARLEVOIX

### Farmers Market to Start Up Again May 1st

The Farmers Market will start up again the 1st of May in East Park. Please contact Bethany Pearson at the City of Charlevoix regarding 2014 Market applications and information 231.547.3257 or bpearson@cityofcharlevoix.org

## EAST JORDAN

### Will work for sugar

Wagbo Sugaring workdays are on! Volunteer opportunities at the Martha Wagbo Farm and Education Center in East Jordan. Contact the Wagbo Farm at 231-536-0333 or info@wagbo.org for more information and our workday schedule. Come join the Friends of the Wagbo Sugarbush for our group workdays and events during the Maple Syrup season. The "Friends" is an all-volunteer-run community group that enjoys participating in and sharing the agri-cultural heritage known as sugaring. There are lots of ways to partake in the fun, from tapping trees and boiling sap to serving pancakes and painting signs. No experience is necessary and all hours are eligible to earn syrup. Added bonuses include hot beverages and homemade treats while you work, general camaraderie and supporting community traditions!

## CHARLEVOIX

### Cash Raffle Party

The Annual Knights of Columbus Cash Raffle Party is Saturday, May 3 at Castle Farms. Tickets remain \$150 for a wonderful, fun-filled event with over \$15,000 in cash prizes available. Early Bird ticket buyers will be entered into a special drawing for \$500 with the winning ticket returned for the big prizes. Please contact: Steve Seely 231-499-3674; Ed Linse 231-547-4526; John Haggard 231-547-4046; Roger Nesburg 231-547-5111.

## BOYNE CITY

### Buff Up Boyne

Boyne City's annual community-wide spring clean-up, is Saturday, May 3, from 9 a.m.-noon. Volunteers will be sweeping, picking up trash and raking up debris from the city's sidewalks, parks, alleys, and along the waterfront. Volunteers are asked to meet at Sunset Park in downtown Boyne City next to the Boyne Area Chamber of Commerce to sign-in, get instructions on what areas need to be cleaned, and receive trash bags and gloves. All volunteers are asked to bring their own rakes, shovels and brooms.

## BOYNE FALLS

### First Lake Louise Fishing Tournament

The new Lake Louise Fishing Tournament will be held May 3 in support of summer camp scholarships. Entry fees are \$65 in advance by April 25 or \$75 cash only on May 3. The event includes: lunch and dinner on Saturday, awards, and a t-shirt. Ages 10 and under may enter free with an adult entry. Overnight accommodations for the weekend are available for a reasonable price with entry. Call 231-549-2728 for availability and pricing. Lake Louise Camp and Retreat Center is located at 11037 Thumb Lake Road, Boyne Falls. Prizes (determined by total caught weight) are: 1st place \$350, 2nd place \$250, 3rd place \$100, and kids prize \$50. Details, rules and entry forms are available at lakelouisecommunity.org

## EAST JORDAN

### Polish Dinner

Sunday, May 4 from 1PM - 3PM in the St. Joseph Church Social Hall, 205 Nicholls Street. Great Homemade Polish Food, Polish Raffle, Bistro Table & Chairs Raffle. Suggested dinner donation \$8.00

## CHARLEVOIX

### Bergmann Center 12th Annual Live and Silent Auction

Come join our "Reach for the Stars" fundraising event. All proceeds raised will benefit Bergmann Center's mission statement, which is to "provide services that enable individuals with mental and physical challenges the opportunity to become active, involved members of the community." This year's event will take place in the Kings Ballroom at Castle Farms in Charlevoix on Sunday, May 4th from 1:30-4:00pm. The live auction will feature some amazing items including: A trip to the top of the Almighty Mackinac Bridge and works by local artists. Several area merchants will be providing a dine around experience. Tickets are available for \$30 and can be purchased by calling 547-2979 or by visiting our website at www.bergmanncenter.org

## BOYNE CITY

### Leaf Pick-up

On Mondays & Fridays will run through May 5 Place biodegradable paper bags filled with leaves only by the curb for pick-up.

## EAST JORDAN

### Mother of the Year

The East Jordan Lions Club will host the annual Mother/Daughter Banquet at 6pm on Saturday, May 10, at the East Jordan High School. For more information, contact Sherry Pursel at 231-536-7117.

## BOYNE CITY

### Farmers market

The cold weather and wet conditions at Veterans Park will delay the opening of the outdoor season for the Farmers Market. The market will continue from 9 a.m. to 1 p.m. every Saturday at the Red Barn next to the Boyne District Library through May 10th. "We hope to return to our outdoor home at Veterans Park on May 17th," says market manager Becky Harris, noting that the market will be open from 8 a.m. to noon on Wednesdays and Saturdays once they move outdoors.

## CHARLEVOIX

### Literary Delights Luncheon

Charlevoix Area Zonta Club hosts its annual Literary Delights - a Michigan Women Authors' Luncheon - Saturday, May 17, 11am - 3pm, at the Charlevoix Public Library. \$40 ticket includes catered lunch and basket raffle drawings. Three Michigan women authors, Natalie Taylor, Peg Herring, and Suzanne Malpass Rogers, will speak at the event. Copies of their books will be available for sale and signing. All proceeds of the event go to support projects to advance the status of women locally, nationally and internationally. For more information or to purchase a ticket, contact Joy Halverson at (231) 547-4813. Reservations for the event are required.

## BOYNE CITY

### Fun run

The second annual Boyne City PD and East Jordan PD D.A.R.E. 5K/1 mile Fun Run will start and finish in Sunset Park, behind the Chamber of Commerce in downtown Boyne City May 24. Registration forms are available at Boyne City Police Dept, East Jordan Police Dept, Boyne Chamber, East Jordan Chamber. All proceeds from this fundraiser will be used to continue the D.A.R.E. programs in Boyne City and East Jordan schools. The D.A.R.E. pro-

gram is presented to 5th grade students and focuses on drug and violence prevention as well as promoting safe and responsible decision-making. The D.A.R.E. program continues to foster a strong positive relationship between schools, law enforcement and the community.

## BOYNE CITY

### Rubbish Pick-up

Starts May 28. Main Street and areas south of Main are scheduled for Wednesdays (May 28 and June 4 & 11). Homes north of Main Street are scheduled for Thursdays (May 29 and June 5 & 12). A list of acceptable and prohibited items will be released at a later date.

## BOYNE CITY

### Mystery dinner postponed

"Murder, Mayhem, and Politics," the mystery dinner benefiting the Charlevoix Area Humane Society has been postponed to Friday, May 30 at 6:30 p.m. The dinner includes salad, choice of beef ribs, salmon, or vegetarian entrée, and a dessert. Cost for the evening is \$60 per person. For further information contact Jamie at (231) 675-8792 or Carla at the Humane Society (231) 582-6774.

## EAST JORDAN

### Variety Show

The 2014 East Jordan Rotary Club Variety show is June 6 & 7. Tickets available from any Rotary club member.

## BOYNE CITY

### Graduation celebration committee seeks donations

Boyne City's Graduation Celebration Committee, previously known as BACPAC, is busy making plans for the 27th annual All-Night Graduation Celebration. This year's party will celebrate the Boyne City High School graduating class of 2014 on Sunday, June 8, graduation night. The all-night graduation celebration provides a safe and drug-free opportunity for seniors immediately following the graduation ceremony. With help from businesses, churches, service organizations and residents, the parties have been extremely successful. All donations are welcomed and appreciated and can be mailed to the attention of Graduation Celebration Committee, BCHS, 1035 Boyne Avenue, Boyne City, MI 49712 with checks made payable to Boyne City High School. If your organization would prefer to donate a prize or gift card and would like a committee member to pick it up, contact Frank Minier at 231-675-6507.

## CHARLEVOIX

### Little League Teams Up With Retired Major League Players

The Charlevoix Little League is teaming up with retired Major League Baseball players the weekend of June 14th and 15th. On Saturday the 14th there will be a clinic for boys and girls ages 8-14 to learn fundamentals from former Major League ball players at the Shanahan Sports Complex. Sign in will be at 9am. The clinic will be from 10am-1pm. After the clinic, there will be a cook out and the players will be available to sign autographs for participants in the clinic. Saturday evening there will be a reception/fundraiser and auction at the Weatheravane Restaurant from 6pm-9pm. Sunday the 15th will be a golf outing/fundraiser tee time 9am.

## BOYNE CITY

### Tribute concert

Enjoy the music of the Bee Gees, Neil Diamond and Tom Jones by tribute performers at the Boyne City Performing Arts Center June 21 at 8pm. Tickets at www.poundstone.net or stop by Boyne City Ace Hardware.

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# Health

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## Drs. Oz and Roizen

Television's Dr. Oz and Cleveland Clinic's Dr. Roizen report on health, wellness and quality of life.



### CRANK UP THE CUDDLE HORMONE

BY MICHAEL ROIZEN, M.D., AND MEHMET OZ, M.D.

Oh, what the cuddle hormone, oxytocin, can do for you! Long famous for helping moms and newborns bond, new reports show this chemical, produced by two specialized areas in the brain's hypothalamus, does far more than that for women and men; it boosts happiness, fine-tunes communication skills, improves everyday relationships and chases away anxiety and stress.

As a take-a-dose-and-feel-better medication, oxytocin's not ready for prime time. But someday this neuropeptide could be the basis for new treatments for everything from autism and eating disorders to serious mental-health problems. In fact, preliminary studies indicate that a nasal spray of oxytocin can increase activity in brain areas involved with understanding and response to social cues in kids with autism, and that it can dial down obsessive thoughts about food and body size in people with anorexia. It may even help ease drug addiction.

Fortunately, there are natural ways to boost your oxytocin levels. And you'll love the results! Rising levels help dads bond with their kids and bolster a male partner's loyalty to his mate. And a surge of oxytocin increases both men's and women's trust and resilience, promotes deeper sleep and reduces depression. A blast of the hormone also encourages you to connect with your mate, friends and children -- especially when times are tough. Such closer connections and social support open the door to a long list of health benefits, including stress reduction, better heart health, stronger immunity, more efficient digestion and even a longer life. So here's how to boost your levels of this feel-better, love-better, live-better hormone:

More sex. Between-the-sheets intimacy releases a rush of oxytocin. Set your alarm clock to ring 30 minutes earlier for some morning affection to enjoy feeling more loving, bonded and relaxed all day.

Longer hugs. Hold on longer next time you hug your mate, kid, parent or good friend. A top oxytocin researcher says an extended

embrace (aim for 20 seconds) cues oxytocin's release from your pituitary gland.

A mini-massage. Next time you pass one of those massage kiosks at the mall -- or your mate or a pal offers to knead your shoulders -- say yes. A 15-minute back massage boosted oxytocin levels for lucky volunteers in one recent University of California San Diego study, while those who simply relaxed in a quiet room for 15 minutes missed out on this bonus.

Quiet support. Got a great relationship? Soak in it! Spending just 10 minutes of quiet time holding hands with your partner can raise oxytocin levels, vaporize stress hormones and reduce your blood pressure, too. For best results, turn off the TV, silence your cellphone and tell the kids you're taking a break. Getting a blast of oxytocin doesn't completely depend on skin-to-skin contact; giving and receiving support and empathy is an oxytocin-boosting experience.

Movies that touch your heart. Turns out your brain reacts to fictional characters on the big screen just as it would to people in the real world -- and you can use your imagination to your advantage. Skip the screwball comedy and the latest disaster flick at the cineplex. Watching an emotionally compelling movie (even "chick flicks") can raise oxytocin levels 47 percent -- by switching on feelings of empathy.

Tweeting, texting, updating your Facebook page. Connecting via social media may also trigger an uptick in oxytocin -- a discovery that social networkers have dubbed "digital oxytocin." This can be a nice bonus, but don't let Internet socializing take the place of in-person contact with pals.

Joining a choir or reviving your garage band. Singing in a group and listening to relaxing music have both been shown to ratchet up oxytocin levels. We bet playing music with others will, too.

Having an adventure. Do something exciting and new with your main squeeze or best friend. Sharing thrills, from dancing to amusement park rides and more, can make you feel more connected to one another and has been shown to boost oxytocin levels.

(c) 2014 Michael Roizen, M.D. and Mehmet Oz, M.D. Distributed by King Features Syndicate, Inc.

# April is Autism Awareness month

By Deb Hagen-Foley

Autism Spectrum Disorder (ASD) impairs a person's ability to communicate and relate to others. Typically, ASD impairs development in the first three years of life.

The prevalence of autism is estimated at 1 in 68 births. Autism is the fastest growing developmental disability in the U.S. More than two million Americans live with an autism spectrum disorder. It is four to five times more common in boys than girls. An estimated 1 of every 42 boys and 1 in 189 girls in the United States are diagnosed with autism. The per-pupil costs for educating a child with autism is estimated at nearly three times the cost of education a child without special needs and only 56% of students with autism finish high school.

Symptoms. A "developmental screening," part of a well-baby visit, may show early indications of the presence of ASD, according to the Autism Society. Early indications include: infant does not babble or coo by 12 months, does not gesture by 12 months, does not say single words by 16 months, does not say two-word phrases on their own by 24 months, or had had any loss of language or social skills. Further medical evaluation, if warranted, may include: a medical history of the mother's pregnancy, stomach and bowel functioning, sensory challenges, coordination, allergies, medical illnesses, family history of developmental, genetic, and metabolic disorders, and parents' and child's exposure to environmental toxins.

The American Academy of Pediatrics recommends that all children be screened for autism twice before they reach age 2. It is also



recommended that treatment start when a diagnosis of autism is suspected, rather than wait until a formal diagnosis is made.

Persons with ASD may have problems with social, emotional, and communication skills. Autism is associated with rigid routines and repetitive behaviors, obsessively arranging objects or following specific routines. These behaviors typically begin in early childhood and last throughout a person's life. The person with ASD might have trouble relating to others or not have an interest in other people or may be interested in people but not to know to talk or relate to them. They may avoid eye contact and prefer to be alone, they may have trouble understanding other's feelings and difficulty talking about their own feelings, they may prefer to not be cuddled and appear to be unaware when people talk to them. They may repeat actions again and again or repeat words or phrases said to them.

Causes. There is no known single cause for autism. It is generally accepted that autism is caused by abnormalities in brain structure or function. It appears that some children are born with a susceptibility to autism, but a single trigger for the development

of autism has not been identified. It appears that the presence of environmental toxins, such as heavy metals, is contributing to the increased incidence of autism. It is believed that those at risk for autism may be less able to metabolize these toxins.

Treatment. Autism is typically not curable. A range of treatments is available, depending on the specific symptoms experienced by an individual. Diet is a common treatment, ensuring a balanced diet including all essential nutrients. Many children with autism have food sensitivities. A change of diet would exclude those foods that lead to allergic reactions. Gluten-Free and Casein-Free diets are appropriate for some individuals who are allergic to gluten and/or dairy. Vitamin and mineral supplementation may be appropriate for some people with autism.

A number of behavioral treatments are found to be successful in treating autism spectrum disorders. These behavioral interventions are aimed at increasing positive behaviors, decrease negative behaviors and to teach functional alternative behaviors using behavior change therapies.

If you believe someone you know may have an autism spectrum disorder, an evaluation by a pediatrician is an appropriate place to start. Early diagnosis and treatment are important for long-term success. For more information about autism, go to [www.autismspeaks.org](http://www.autismspeaks.org).

Caption: April is Autism Awareness Month. The Autism Society encourages the use of logos such as this to draw attention to the need for early diagnosis and the challenges of living with autism.

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  - Respite Care
  - Sleep Center
  - Speech/Cognitive Rehabilitation
  - Sports Conditioning
  - Sports Medicine and Rehabilitation
  - Surgical Services: Colonoscopy, General Surgery, Orthopaedic Surgery, Spine Surgery

- Urgent Care (10 am - 8 pm daily)
- Wellness Wednesday Health Screenings

**Boyne Area Medical Center**  
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- Industrial/Worksite Programs
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- Pediatric Therapy
- Physical Therapy
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Hours: Mon. - Fri.: 8 am - 5 pm  
(231) 536-1451

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- Pediatric Therapy
- Physical Therapy
- Occupational Therapy
- Speech/Cognitive Rehabilitation
- Sports Conditioning
- Women's Health

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- Laboratory

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# News

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

## 102 Community Volunteers attend Pistons game

102 community volunteers attended the Pistons vs. Raptors game on Sunday, April 13 at the Palace of Auburn Hills. In partnership with the Pistons organization and the Michigan Association of Untied Ways, Char-Em United Way board and staff were happy to have the ability to provide this experience for some of the great volunteers who help out in Charlevoix and Emmet County all year long.

Those attending had wonderful things to say about the experience.

"We had a lot of fun at the game tonight. Thanks to Char-Em United Way for setting this up, it has been a long time since I have been able to go to a Pistons game. It was fan appreciation day so the whole game was fun and exciting to experience. Thank you again."

"We had a wonderful time at the Piston game and our grandchildren thoroughly enjoyed it. It was fan appreciation day and they gave out lots of prizes and had lots of extra entertainment - definitely an outing to remember. When we signed up for volunteering, we certainly didn't expect to be provided with such a wonderful perk and we really appreciate it. Thanks again for all your help in arranging this."

"I want to thank you and Char-Em United Way for the opportunity for me to take our family to the Pistons Game this past Sunday! We had a great time and no hassles at all with parking or entry or anything! Our boys loved the atmosphere, pregame and half time events! Thank you again for the opportunity and I look forward to volunteering at more events!"



## Ellsworth Egg Hunt

photos by tine sundelius

An estimated 125 children poured out into the sunshine to participate in the Ellsworth Village Community Easter Egg Hunt at Community Park. Golden tickets for each age category were cashed in for large prizes

like wagons scooters and bikes and eggs containing tickets were used to pick from a variety of smaller toys. Sugary treats filled the eggs and break tables. "It was a great day filled with sunshine and smiling faces.

A good community time of 'togetherness,' said Pastor Chris Wallace of the Ellsworth Wesleyan Church who emceed the event.



## MI unemployment rate drops to 7.5 percent, lowest since April 2008

Michigan's seasonally adjusted unemployment rate in March dropped over the month by two-tenths of a percentage point to 7.5 percent, according to data released today by the Michigan Department of Technology, Management & Budget.

The state unemployment rate has now declined seven consecutive months and is at its lowest point since April 2008.

"Clearly, the Michigan economy is moving in the right direction, and people

are benefiting from a climate that encourages businesses to invest and create new jobs," Michigan Economic Development Corporation President and CEO Michael A. Finney said. "We are committed to continuing strategies that focus on matching talent with expanding job opportunities."

Total employment rose by 19,000 in March while the number of unemployed decreased by 8,000. The state's labor force grew by 11,000 over the month.

## Instant Wine Cellar fundraiser benefits area volunteer center

After a long winter in Northern Michigan, you are invited to a night out this spring to enjoy a fundraising event that supports volunteerism in Emmet and Charlevoix Counties through Char-Em United Way's Volunteer Connections.

The 4th annual Instant Wine Cellar will be on Friday, April 25 from 7 to 11pm, at Stafford's Perry Hotel in Petoskey. The night will feature a chance to win several large collections of wine or craft beer and will include live entertainment from Northern Michigan's own Boyne River Remedy.

Entry to the event is a bottle of wine or six-pack of craft beer. With the purchase of raffle tickets, guests have a chance to win one of several collections of wine or beer from the donated beverages. Adding to the entertainment, there will be a silent auction, as well as hors d'oeuvres and a

cash bar.

A special committee is organizing the evening to benefit Char-Em United Way's Volunteer Connections, which serves non-profit organizations and volunteers by providing resources, recognition, and management. The purpose of Volunteer Connections is to promote and increase volunteerism in our two-county area.

This year, the event's silent auction will have some amazing items, including a trip to Napa Valley for a balloon ride and wine tasting tour. The complete silent auction can be viewed on biddingowl.com by searching 'instant wine cellar' with final bidding made at the event.

The event also needs volunteers, if you would like to join the team and help with a great charity event, go to <http://chare-unitedway.galaxydigital.com/> to register.

## 38th Annual Knights Of Columbus Cash Raffle Party

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Mail In Ticket Reservation: Knights of Columbus, PO Box 81, Charlevoix, MI 49720

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Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Ticket # Request: 1st Choice: \_\_\_\_\_ 2nd Choice: \_\_\_\_\_ 3rd Choice: \_\_\_\_\_ Pick For Me: \_\_\_\_\_

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**Information?** Steve Seely-231.499.3674; Ed Linse: 231.547.4526; John Haggard: 231.547.4046; Roger Nesburg: 231.547.5111; Gabe Campbell: 231.457.9739; Larry Campbell: 231.547.4208

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## Creating stories on video

The Charlevoix Public Library staff is pleased to announce a new partnership between the library and Real People Media. Real People Media will host a video production workshop at the library 1:00 - 4:00 p.m., Saturday, May 3. Registration is required for this session.

Participants will learn skills to create interesting and compelling stories on video from seasoned professionals. Rebecca Gloffely will discuss composition, lighting and interviewing techniques while Joe Carter will share the secrets of sound recording and video editing. Completion of this class will allow participants to check out video production equipment at the library, on loan

from Real People Media. Real People Media is a 501(c)3 non-profit that teaches people how to create video and explore local issues. They provide technical training and access to production equipment.

Volunteers produce shows that celebrate local arts and culture and inform and educate the community about local issues and events. For more information about Real People Media, visit their website at:

[www.realpeoplemedia.org](http://www.realpeoplemedia.org). To register or gather more information about this or other programs at the library, call 231.237.7340 or visit them at

[www.charlevoixlibrary.org](http://www.charlevoixlibrary.org).



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# News

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

## Angels at Work Resale in Gaylord offers a warm, welcoming shopping experience

By Jim Akans

For those who haven't visited Angels at Work Resale for a while, plenty has been changing at the store including an expansion of their furniture items, re-designed display areas, and

Angels at Work Resale now offers several new "repurposed" items that feature unique ways to utilize common household goods. Examples include mason jar oil lamps (shown here), chalkboards made from old cribs, wonderful garden accessories made from old windows and screen doors, and much more. PHOTO BY JIM AKANS



several new "repurposed" items for sale that feature unique ways to utilize common household goods. Examples include mason jar oil lamps, chalkboards made from old cribs, wonderful garden accessories made from old windows and screen doors, and much more. Angels at Work Resale has also recently opened a Pinterest/DIY (do it yourself) area for shoppers to browse and explore their creative talents.

"Customers tell us they love these unique, one-of-kind items," relates Theresa Lauber, owner of Angels at Work Resale. "They also tell us how much they enjoy shopping here. The cleanliness of our store, the variety of our inventory, and our very reasonable prices are a pleasant surprise. They feel very comfortable...it's a warm, home-style atmosphere."

Indeed, the wide array of items offered at Angels at Work Resale are presented in several comfortable rooms throughout the 2,400 square foot facility, each focusing on a targeted range of goods, providing an effortless way to browse items of interest.

"We offer quality, thoroughly cleaned clothing at very reasonable prices," notes Lauber.

"We also have even more furniture, house wares, tools, books, shoes, belts and accessories, a



Angels at Work Resale in Gaylord offers a warm, welcoming atmosphere and a wide array of value-priced items. PHOTO BY JIM AKANS.

wide assortment of knickknacks, antiques, and much more."

But that's not all that's happening at Angels at Work Resale. The store also offers weekly specials with 50 percent off on specific clothing items identified by colored tags...and their inven-

tory of those items changes every week.

Those who donate items to Angels at Work Resale receive a 25-percent discount card for purchases that is valid for 30 days from the time of their donation. The store does not offer

consignment sales.

Angels at Work Resale is located at 1523 S. Otsego Avenue (U.S. 27 South) in Gaylord. They are open Monday through Saturdays from 10 am to 5 pm. For additional information, please call (989) 448-8615.

## GOOD SAMARITAN RESALE SHOP

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# Health SERVICES

directory

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2012 Lincoln MKZ (Stock #F0982)	\$24,991*
2010 Subaru Legacy (Stock #F0984)	\$16,991*
2012 Ford Taurus SEL (Stock #F0954)	\$22,991*
2011 Chevy Silverado (Stock #14FT87B)	\$28,961*
2010 Chevy Malibu (Stock #F0959A)	\$11,991*
2009 Jeep Wrangler X (Stock #F0957)	\$22,991*

\* Plus tax, title, license, and doc fees. See Dealer for details.



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